

Core Competencies	Potential Competencies
Domestic Violence and General Criminality	
<ol style="list-style-type: none"> 1. Define all types of domestic violence and abusive behavior (reference working clinical definition of domestic violence) and demonstrates acceptance of accountability and responsibility for offending and abusive behaviors. 2. Identify the history of current and former patterns of domestic violence-behaviors and thoughts regarding onset, frequency, and persistence. This includes awareness and discuss the intent of previous grooming tactics. 3. Identify and challenge cognitive distortions and belief systems that plays a negative or unhealthy role in the client's thoughts, emotions, and behaviors. 4. Recognize and manage dynamic risk factors and adaptive skills to mitigate those risk factors. 	<ol style="list-style-type: none"> 1. Recognize and manage current procriminal attitudes and behaviors. 2. Identify, acknowledge, and manage use of mood-altering substances. 3. Identify the history of current and former pro-criminal behaviors, thoughts, and associates.
Self-Regulation and Self-Care	
<ol style="list-style-type: none"> 5. Demonstrate and implement self-regulation skills to include but not limited to emotional regulation, stress management, communication skills, anger management, conflict resolution, problem solving, delayed gratification, parental and financial responsibility, etc. 6. Demonstrate the ability to discuss past experiences and how any unresolved trauma may impact offending behavior as a way to adopt effective coping strategies. 7. Develop and maintain prosocial activities and networks to include but not limited to completing education, maintaining employment, obtaining stable housing, life skills, recreational and social activities, etc. 	<ol style="list-style-type: none"> 1. Identify, acknowledge, and manage mental health needs and the development of supports. 2. Identify, acknowledge, and manage the need for crisis management and stabilization (i.e. suicidal or homicidal ideation, housing insecurity, client decompensation). 3. Identify, acknowledge, and manage their own reintegration into the community. 4. Identify, acknowledge, and manage boundaries. 5. Identify and promote healthy sexual behavior, intimacy, and relationship skills. 6. Increase ability to recognize attachment issues.
Survivor Impact and Community Safety	
<ol style="list-style-type: none"> 8. Demonstrate insight about the impact of their domestic violence offense on all individuals and promote victim empathy when clinically indicated. 9. Increase understanding of how intergenerational patterns of family, peer group, community, and culture can normalize domestic violence and foster attitudes and responses that condone and tolerate domestic violence. 10. Develop and implement safety plans to address risk factors and potentially high-risk situations. 11. Cooperate with supervision requirements, court orders, and the terms and conditions. 	<ol style="list-style-type: none"> 1. Increase understanding and demonstration of parental responsibility to enhance and ensure the wellbeing of the children.

